

Ania PsH is a visual and performance artist.

Born in the Soviet Union in 1981, from 2005 she based in UK. Education:

Fareham College. Art and Design Foundation. (England) : 2007-2008 (Award : diploma foundation studies)

University of Brighton : College of Art : Performance Art, Dance and Visual Art 2008- 2011 (First Diploma)

Ania is curious about Movement, Butoh, Aerial Dance and Contortion and using every possibility to learn, perform and collaborate. For the last 14 years she took part in many workshops, performances, festivals and other events.

She is in the constant process of learning about the mystery of the sensitive, sensual, fragile, and authentic human body. Her performance is being sensitive to the acoustic, time, inner and outer spaces , She is putting herself 'behind' the space, 'behind' the objects ,and exploring how the body can quietly fit in the world of everyday objects. She is curious about "inner landscape" of the moving body. She is looking for the impulses coming from the present moment and flow with this impulses.

Agreeing with Pina Bausch she is not interested in "how people move but rather what they are being moved by".

However the performance that will be shown during " One can not be too careful" is very different. Ania is using spoken word and a bit of acting - two things that she normally never uses in her art.

The Performance " If There is a River" named after the 1st line of the poem by Lucille Clifton. In this ritual piece, the female performer religiously follows rules and lines of the self-censorship prescribed for women by different cultures and social institutes at different historical times.

The censorship of women is one of the most common things in our world. Women have to fit into a 'normal' picture and keep quiet about everything out of range of the male global canvas.

So they develop their own huge field of self censorship as a result of cultural and social inequality.

<https://aniapsenitsnikova.wordpress.com> <https://www.facebook.com/AniaPsH/>